

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/10/21

PATIENT: KENNINGTON, CARRIE **DOB:** 10/17/1984 **Gender:** FEMALE **MRN:** 1536 **AGE:** 36 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: possible sinus infection

HISTORY OF PRESENT ILLNESS: Patient reports to clinic stating she feels like she has a sinus infection. Patient reports a cough with yellow phlegm, sinus pressure, and nasal congestion x2 weeks now. Patient denies sore throat, N/V/D, loss of taste/smell, fever, and shortness of breath.

COMPLAINT 2: acid reflux

HISTORY OF PRESENT ILLNESS: She also complains of acid reflux. She was told by her dentist that it is affecting her back teeth. She states she has never taken anything for it otc but does occasionally have heartburn when she eats certain foods.

VITALS: BP: 124/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 97; **Temp:** 98.4; **Resp:** 15; **Ht:** 64 in.; **Pulse Oximetry:** 98%; **FDLMP:** 07/24/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Allegra Allergy 180 mg tablet (1 tablet PO daily.)

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup (TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6-8 HOURS)

PAST MEDICAL HISTORY: seasonal allergies, UTIs.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use. Works on campus in HR. Married w/ 1 child.

FAMILY HISTORY: Father- afib; Mother- HLD; Grandparent- CVA; breast cancer.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
J01.90 - Acute sinusitis, unspecified
K21.9 - Gastro-esophageal reflux disease without esophagitis

PLAN:

Follow up as needed.

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Pepcid 20 mg tablet

Refills: 2 Qty: 60 TABLET(S)

Instructions: TAKE 1 TABLET (20 MG) BY ORAL ROUTE 2 TIMES PER DAY for acid reflux

Electronically signed by Lindsey Barton, CRNP on 08/15/21 3:00 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.