

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/27/23

PATIENT: KENNINGTON, CARRIE **DOB:** 10/17/1984 **Gender:** FEMALE **MRN:** 1536 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: right ear pain and swollen lymph nodes

HISTORY OF PRESENT ILLNESS: Ms. Kennington is a 39 yo female here today for right ear pain and swollen lymph nodes under her chin and on the right side of her neck since last night. She has been taking sudafed and allegra for her allergies for the past week, but states she stopped taking it because she thought she was better. Denies fever, runny nose, congestion, or cough now.

VITALS: BP: 120/70 **Pulse:** 81; **Temp:** 98.1; **Resp:** 16; **Ht:** 64.4 in.; **Wt:** 257.7 lbs.; **BMI:** 43.68; **Pulse Oximetry:** 98%; **FDLMP:** 10/08/23

ALLERGIES: No Known Drug Allergies; methylene blue ((Visual disturbances NOS) or (amblyopia) or (blurred vision))

MEDICATIONS:

Allegra Allergy 180 mg tablet (1 tablet daily by mouth as needed)

Pepcid 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE 2 TIMES PER DAY for acid reflux)

amoxicillin 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE BID x 10 days)

PAST MEDICAL HISTORY: seasonal allergies, UTIs.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use. Works on campus in HR. Married w/ 1 child.

FAMILY HISTORY: Father- afib; Mother- HLD; Grandparent- CVA; breast cancer.

HEALTH MX HISTORY:

Pap smear- April 2021- normal

Mammogram- Dense breast tissue, otherwise normal (self-report) 2021

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- LT Tympanic membrane is clear. Rt TM with serous fluid. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. + right submental and right mandibular lymph node swelling, otherwise no other lymphadenopathy present.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

H65.01 - Acute serous otitis media, right ear (PRIMARY)

R59.0 - Localized enlarged lymph nodes

PLAN:

She still has the amoxil that was called in for her back in September. She ended up having COVID back then and not strep so she didn't take the antibiotic. Recommended otc antihistamine and flonase for right ear fluid. She can take the amoxil she has for lymphadenopathy. Follow up if no improvement. She verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 10/27/23 11:25 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.