

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/17/23

PATIENT: KENNINGTON, CARRIE **DOB:** 10/17/1984 **Gender:** FEMALE **MRN:** 1536 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: bilateral ear pain (right is worse) and discomfort in throat when swallowing since Saturday.

HISTORY OF PRESENT ILLNESS: Mrs. Lindsey is here today for the above complaints. She completed the amoxicillin and her swollen lymph nodes went away. Over the last 6 days she has had sore throat on the right sided radiating to her right ear. Denies fever. She has been taking 600mg of ibuprofen every 12 hrs for the pain but when the medication wears off, the sore throat comes back.

VITALS: BP: 124/82 **Pulse:** 66; **Temp:** 97; **Resp:** 16; **Ht:** 64 in.; **Wt:** 251.7 lbs.; **BMI:** 43.2; **Pulse Oximetry:** 98%;
FDLMP: 11/10/23

ALLERGIES: No Known Drug Allergies; methylene blue ((Visual disturbances NOS) or (amblyopia) or (blurred vision))

MEDICATIONS:

Allegra Allergy 180 mg tablet (1 tablet daily by mouth as needed)

Pepcid 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE 2 TIMES PER DAY for acid reflux)

PAST MEDICAL HISTORY: seasonal allergies, UTIs.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use. Works on campus in HR. Married w/ 1 child.

FAMILY HISTORY: Father- afib; Mother- HLD; Grandparent- CVA; breast cancer.

HEALTH MX HISTORY:

Pap smear- April 2021- normal

Mammogram- Dense breast tissue, otherwise normal (self-report) 2021

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous on the right side without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Positive

ASSESSMENT:

J02.0 - Streptococcal pharyngitis (PRIMARY).

PLAN:

Increase fluid intake. Tylenol or ibuprofen as needed for pain/fever. RX as per below. Follow up as needed.

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 2 capsules once daily x 10 days.

Electronically signed by Lindsey Barton, CRNP on 11/17/23 1:21 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.