

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 06/15/17

PATIENT: MIMS, MOLLY **DOB:** 01/18/1995 **Gender:** FEMALE **MRN:** 154 **AGE:** 22 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cold like symptoms for about 4-5 days.

Symptoms: Congestion a yellow color. Sputum a yellow to white. No sore throat. Cough
Duration: 4-5 days

VITALS: BP: 130/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 90; **Temp:** 98.7; **Ht:** 67.8 in.; **Wt:** 234.3 lbs.; **BMI:** 35.83; **FDLMP:** 05/20/17

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills. Had a low-grade fever on Sunday.

ENMT: Patient is positive for: cough, runny nose, congestion. Patient denies: sore throat. Thought symptoms would resolve in just a couple of days.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Sinus nontender; congested, no discharge at present.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

PLAN:

Mucinex DM 60 mg-1,200 mg tablet,extended release 12 hr

Refills: 1 Qty: 20 TABLET(S)

Instructions: Take 1 po q 12 hr for congestion and cough

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Refills: 1 Qty: 16 GRAM(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE

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Delsym 12 hour 30 mg/5 mL oral suspension, extended release

Refills: 1 Qty: 6 OZ(S)

Instructions: Take 1-2 tsp q 6 hrs prn cough

Electronically signed by Carol Stewart, NP on 06/15/17 9:23 AM