

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/03/21

PATIENT: CARROLL, LUCAS **DOB:** 10/15/1997 **Gender:** MALE **MRN:** 1571 **AGE:** 23 Years

VISIT TYPE: Lab Only

CHIEF COMPLAINT: COVID exposure

HISTORY OF PRESENT ILLNESS: Patient presents to clinic for a COVID test due to recent exposure. Patient complains of nasal congestion that started on Tuesday this week. He reports loss of smell starting yesterday. Patient denies N/V/D, loss of taste, shortness of breath, fatigue, aches, fever, and cough.

VITALS: BP: 142/90 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 99; **Temp:** 98.2; **Resp:** 16; **Ht:** 74 in.; **Wt:** 264.8 lbs.;
BMI: 33.99; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: denies

PAST SURGICAL HISTORY: right wrist surgical repair in March 2018.

SOCIAL HISTORY: denies illicit drug use, uses tobacco on occasion (about 3 times per year), and uses alcohol weekly.

FAMILY HISTORY: denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea. He complains of loss of smell and congestion.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats..

PELVIC: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

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HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

Abbott Binax Now Rapid COVID :
Value: Positive

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
R09.81 - NASAL CONGESTION
R43.0 - ANOSMIA
U07.1 - COVID-19

PLAN:

Patient COVID Positive- ER precautions reviewed. Advised to take OTC Zyrtec, MVI as well as will give RX for Bromfed as needed. Asked to increase fluid intake. Discussed monoclonal antibodies based on BMI. He does not feel he needs monoclonal antibodies at this time. Quarantine for 10 days. He verbalized understanding.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 09/03/21 10:51 AM

 M. Fain, CRNP

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