

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/26/26

PATIENT: RHEA, MADOLYN **DOB:** 11/20/1979 **Gender:** FEMALE **MRN:** 1572 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: productive cough, head congestion, nasal congestion, chest congestion, feels feverish with no fever, nausea since last Thursday

HISTORY OF PRESENT ILLNESS: 46 YO F c/o cough, congestion, nasal congestion and pressure, feels like it is getting into her chest, productive cough, nausea, pt states ongoing for approx 8-10 days, not getting better.

VITALS: BP: 140/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 99; **Temp:** 98.3; **Resp:** 17; **Ht:** 68 in.; **Wt:** 308.3 lbs.;
BMI: 46.87; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Xyzal 5 mg tablet (daily)
intrauterine device (IUD)

PAST MEDICAL HISTORY: Seasonal allergies, anemia.

PAST SURGICAL HISTORY: Right knee surgery

SOCIAL HISTORY: AUM employee. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Father- HLD; paternal grandmother- ovarian cancer.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear but erythematous. Ear canals are patent. Nose- septum- midline; Positive maxillary and frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:
Site Given: Right Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.40 - ACUTE PANSINUSITIS, UNSPECIFIED (PRIMARY)

PLAN:

Zithromax Z-Pak 250 mg tablet
Refills: 0 Qty: 6 TABLET(S)
Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

promethazine-DM 6.25 mg-15 mg/5 mL oral syrup
Refills: 0 Qty: 200 ML(S)
Instructions: TAKE 5 MILLILITERS BY ORAL ROUTE EVERY 4-6 HOURS AS NEEDED, NOT TO EXCEED 30 ML IN 24 HOURS

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension
Refills: 0 Qty: 1 APPLICATOR(S)
Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED

Electronically signed by Breena Till, CRNP on 02/26/26 11:14 AM

