

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/03/21

PATIENT: RHEA, MADOLYN **DOB:** 11/20/1979 **Gender:** FEMALE **MRN:** 1572 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sick visit

HISTORY OF PRESENT ILLNESS: Ms. Rhea presents today for a sick visit. She reports feeling overall bad for the past two weeks. Her symptoms include congestion, SOB on exertion, sinus pressure behind her eyes, nausea and diarrhea and a sore throat. She denies vomiting, loss of taste/smell cough or fever. She reports she has been fully vaccinated for COVID since the beginning of March. She has been using otc zyrtec and flonase with no relief and a netty pot.

VITALS: BP: 132/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 92; **Temp:** 97.8; **Resp:** 16; **Ht:** 69 in.; **Wt:** 334.8 lbs.; **BMI:** 49.44; **Pulse Oximetry:** 98%

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

PAST MEDICAL HISTORY: Seasonal allergies, anemia.

PAST SURGICAL HISTORY: Right knee surgery

SOCIAL HISTORY: AUM employee. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Father- HLD; paternal grandmother- ovarian cancer.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + frontal sinus tenderness no maxillary tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

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Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

Rocephin 1G:
Site Given: Left Gluteus Maximus
Dosage Given: 1 unit(s)
Administered By: Barton, Lindsey - CRNP

Dexamethasone 4mg/ml:
Site Given: Right Gluteus Maximus
Dosage Given: 1 unit(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Gluteus Maximus
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Augmentin 875 mg-125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 05/03/21 2:14 PM



J. Barton, CRNP