

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/17/21

PATIENT: RHEA, MADOLYN **DOB:** 11/20/1979 **Gender:** FEMALE **MRN:** 1572 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough (productive), headache, shortness of breath, light headedness, jaw pain, loose stools, and known COVID exposure. Symptoms have been present for about a week.

HISTORY OF PRESENT ILLNESS: Pt is a 41 YOF who presents with the above. Vaccinated. No fevers. Denies loss of taste or smell. No N/V/D.

VITALS: BP: 143/75 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 95; **Temp:** 98.3; **Resp:** 17; **Ht:** 68 in.; **Wt:** 335.4 lbs.; **BMI:** 50.99; **Pulse Oximetry:** 97%; **FDLMP:** 09/16/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension
Zyrtec 10 mg tablet

PAST MEDICAL HISTORY: Seasonal allergies, anemia.

PAST SURGICAL HISTORY: Right knee surgery

SOCIAL HISTORY: AUM employee. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Father- HLD; paternal grandmother- ovarian cancer.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/17/21

PATIENT: RHEA, MADOLYN **DOB:** 11/20/1979 **Gender:** FEMALE **MRN:** 1572 **AGE:** 41 Years

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19 (PRIMARY)
J02.9 - Acute pharyngitis, unspecified
R05 - Cough
J30.2 - Other seasonal allergic rhinitis

PLAN:

Pt here with vague COVID s/s. SOB is not new, she and her PCP have done work up and feels it is r/t her weight. LE edema not new. Improves with elevation. COVID test Negative. Hx of sinus infections. Zyrtec and Flonase are helping her s/s. She has not had a fever and is vaccinated. Does not have to quarantine since negative COVID test. Will monitor s/s over the weekend. If worse, will call us for another appt. She agrees. No new meds. Continue current therapy. Offered steroid, she declines for now unless s/s worsen.

Electronically signed by Maranda Fain, CRNP on 09/17/21 2:05 PM

