

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/19/24

PATIENT: RHEA, MADOLYN **DOB:** 11/20/1979 **Gender:** FEMALE **MRN:** 1572 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, cough, sinus drainage

HISTORY OF PRESENT ILLNESS: Ms. Rhea is a 45 yo female here today for sore throat, runny nose, sinus pressure, bilateral ear pain, and cough since yesterday. Denies fever. She reports ongoing sinus headache x 1 week.

VITALS: BP: 144/81 **Pulse:** 97; **Temp:** 97.3; **Resp:** 16; **Ht:** 69 in.; **Wt:** 281 lbs.; **BMI:** 41.49; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension
Protonix 40 mg tablet,delayed release (1 tablet daily)
Zyrtec 10 mg tablet
intrauterine device (IUD)

PAST MEDICAL HISTORY: Seasonal allergies, anemia.

PAST SURGICAL HISTORY: Right knee surgery

SOCIAL HISTORY: AUM employee. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Father- HLD; paternal grandmother- ovarian cancer.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

Comment: Flu A and B negative

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R05.9 - COUGH, UNSPECIFIED

R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Will treat symptoms w/ Rx as per below. Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 12/19/24 11:09 AM

L. Barton, DNP, CRNP