

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/25/24

PATIENT: CANTRELL, CHRISTOPHER **DOB:** 09/28/1993 **Gender:** MALE **MRN:** 1573 **AGE:** 30 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: sinus pressure, drainage, and cough

HISTORY OF PRESENT ILLNESS: Mr. Cantrell is a 30 yo male here today for sinus pressure, congestion, drainage, and cough since Monday. Denies fever.

VITALS: BP: 150/93 **Pulse:** 82; **Temp:** 97.7; **Resp:** 16; **Ht:** 70 in.; **Wt:** 282.8 lbs.; **BMI:** 40.57; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule (otc daily)
aspirin 81 mg tablet, delayed release (1 tablet PO once daily)
losartan 50 mg tablet (1 tablet PO once daily)

PAST MEDICAL HISTORY: HTN, GAD, kidney stones, broke left ankle June 2023.

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Married w/ children. Works at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: HTN- Mother and grandparent.

HEALTH MX HISTORY:

PCP- Dr. Rocky Lyons

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)
R09.81 - NASAL CONGESTION
R05.9 - COUGH, UNSPECIFIED

PLAN:

Rx as per below. Will treat for acute sinusitis. Recommended otc flonase for congestion as he recently had a steroid shot with another provider. Follow up as needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 04/26/24 5:07 PM

L Barton, CRNP