

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/05/25

PATIENT: CANTRELL, CHRISTOPHER **DOB:** 09/28/1993 **Gender:** MALE **MRN:** 1573 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: left ear pain that started this weekend

HISTORY OF PRESENT ILLNESS: Mr. Cantrell is a 31 yo male here today for left ear pain since Saturday. He denies runny nose, sore throat, cough, nasal congestion, or fever. He takes an antihistamine otc every day. He states the pain was persistent over the weekend but now just comes and goes.

VITALS: BP: 137/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 96.3; **Resp:** 16; **Ht:** 69.75 in.; **Wt:** 269.7 lbs.; **BMI:** 38.97; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Fish Oil 1,000 mg (120 mg-180 mg) capsule (otc daily)
atorvastatin 10 mg tablet (daily)
losartan 50 mg tablet (1 tablet PO once daily)

PAST MEDICAL HISTORY: HTN, HLD, GAD, kidney stones, broke left ankle June 2023.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married w/ children. Works at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: HTN- Mother and grandparent.

HEALTH MX HISTORY:

PCP- Dr. Rocky Lyons

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- Right TM is clear. Left tympanic membrane has serous fluid. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

ASSESSMENT:

H65.02 - ACUTE SEROUS OTITIS MEDIA, LEFT EAR (PRIMARY)
I10 - Essential (primary) hypertension
E78.5 - Hyperlipidemia, unspecified

PLAN:

Given steroid injection in office. Continue otc antihistamine. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 05/05/25 9:53 AM

L. Barton, DNP, CRNP