

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/12/26

PATIENT: CANTRELL, CHRISTOPHER **DOB:** 09/28/1993 **Gender:** MALE **MRN:** 1573 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: 32 YO M PTC with c/o sore throat, worse in the morning but improves as day progresses, congestion, headache ,fatigue, sinus pressure, hoarseness and mild cough at times. Pt denies fever, body aches or chills.

VITALS: BP: 150/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 98.1; **Resp:** 17; **Ht:** 69.75 in.; **Wt:** 272 lbs.; **BMI:** 39.3; **Pulse Oximetry:** 95%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

atorvastatin 10 mg tablet (daily)
losartan 50 mg tablet (1 tablet PO once daily)

PAST MEDICAL HISTORY: HTN, HLD, GAD, kidney stones, broke left ankle June 2023.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married w/ children. Works at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: HTN- Mother and grandparent.

HEALTH MX HISTORY:

PCP- Dr. Rocky Lyons

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes erythematous on right side. Ear canals are patent. Nose- septum- midline; POSITIVE frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Mild expiratory wheeze noted to LLL.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:
Site Given: Left Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Till, Breena - CRNP

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Till, Breena - CRNP

ASSESSMENT:

J01.00 - ACUTE MAXILLARY SINUSITIS, UNSPECIFIED (PRIMARY)

PLAN:

Pt advised to take all meds as directed, stay well hydrated and obtain adequate rest. If issues persist or worsen, RTC or go to ED. Pt advised to only begin home steroids if symptoms persist.

Zithromax Z-Pak 250 mg tablet
Refills: 0 Qty: 6 TABLET(S)
Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 21 TABLET(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Breena Till, CRNP on 05/12/26 2:04 PM

