

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/23/25

PATIENT: BUTLER, ROSALYN **DOB:** 03/02/1973 **Gender:** FEMALE **MRN:** 1577 **AGE:** 52 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Right shoulder pain since last night.

HISTORY OF PRESENT ILLNESS: Ms. Butler is a 52 yo female here today for right shoulder pain since last night. She has a history of bursitis. She has been doing 100 kettlebell swings each day for the month of June and now her bursitis is flared up.

VITALS: BP: 142/86 **Pulse:** 62; **Temp:** 96.6; **Resp:** 16; **Ht:** 68.5 in.; **Wt:** 262 lbs.; **BMI:** 39.25; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler (INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING ANDEVENING (disp 1 inhaler).)

amlodipine 10 mg tablet

ferrous sulfate 325 mg (65 mg iron) tablet,delayed release (TAKE 1 TABLET BY MOUTH THREE TIMES DAILY)

fluticasone propionate 50 mcg/actuation nasal spray,suspension (SHAKE LIQUID AND USE 1 SPRAY IN EACH NOSTRIL EVERY DAY)

hydrochlorothiazide 25 mg tablet

meloxicam 15 mg tablet

montelukast 10 mg tablet (TAKE 1 TABLET BY MOUTH EVERY DAY)

olopatadine 0.2 % eye drops

PAST MEDICAL HISTORY: IDA, HTN, Asthma.

PAST SURGICAL HISTORY: Right hip replacement, myomectomy, uterine ablation, UFE in September 2024, cholecystectomy, back surgery due to bulging disc.

SOCIAL HISTORY: AUM Employee.

HEALTH MX HISTORY:

Has a PCP.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ bilateral radial pulses. + Anterior right shoulder pain upon palpation. She is unable to raise arm above head or parallel due to pain. Unable to perform empty can test because she is unable to raise her arm.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Toradol 60 MG (1 unit(s)): Injection
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

ASSESSMENT:

M75.51 - BURSITIS OF RIGHT SHOULDER (PRIMARY)
I10 - Essential (primary) hypertension

PLAN:

Rest, ice, recommend she wear her shoulder sling she has at home. No lifting weights with right arm until healed to prevent further injury. If no improvement, then consider MRI. She verbalized understanding. Follow up as needed.

ketorolac 10 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE EVERY 6 HOURS AS NEEDED FOR Pain UP TO 5 DAYS TOTAL USE

methocarbamol 750 mg tablet
Refills: 0 Qty: 15 TABLET(S)
Instructions: TAKE 1 TABLET (750 MG) BY ORAL ROUTE at bedtime for muscle relaxer

Electronically signed by Lindsey Barton, CRNP on 06/23/25 9:03 AM

L. Barton, DNP, CRNP