

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/12/24

PATIENT: BUTLER, ROSALYN **DOB:** 03/02/1973 **Gender:** FEMALE **MRN:** 1577 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: headache, dry cough, and nasal congestion/drainage

HISTORY OF PRESENT ILLNESS: Ms. Butler is a 51 yo female here today for sinus drainage, congestion, itchy/watery eyes, cough, and wheezing since last Monday 1 week ago. She was seen by her PCP last week who prescribed her singulair and flonase. She was not any better so she called them Thursday and they sent in prednisone for 5 days. She completed that Sunday, but continues to have symptoms. She has been having wheezing at night and has been using her albuterol inhaler. She denies fever.

VITALS: BP: 134/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68 **Large Cuff** ; **Temp:** 96.2; **Resp:** 17; **Ht:** 68 in.;
Wt: 245.6 lbs.; **BMI:** 37.34; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

amlodipine 10 mg tablet

ferrous sulfate 325 mg (65 mg iron) tablet, delayed release (TAKE 1 TABLET BY MOUTH THREE TIMES DAILY)

fluticasone propionate 50 mcg/actuation nasal spray, suspension (SHAKE LIQUID AND USE 1 SPRAY IN EACH NOSTRIL EVERY DAY)

hydrochlorothiazide 25 mg tablet

meloxicam 15 mg tablet

montelukast 10 mg tablet (TAKE 1 TABLET BY MOUTH EVERY DAY)

olopatadine 0.2 % eye drops

prednisone 20 mg tablet

PAST MEDICAL HISTORY: IDA, HTN, Asthma.

PAST SURGICAL HISTORY: Right hip replacement, myomectomy, uterine ablation, UFE in September 2024, cholecystectomy, back surgery due to bulging disc.

SOCIAL HISTORY: AUM Employee.

HEALTH MX HISTORY:

Has a PCP.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

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RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

INFLUENZA Rapid Test:
Value: Negative
Comment: Influenza A and B negative.

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
J45.21 - MILD INTERMITTENT ASTHMA WITH EXACERBATION
R05.9 - COUGH, UNSPECIFIED
R09.81 - NASAL CONGESTION

PLAN:

Will treat for acute asthma flare and sinusitis with Rx as per below. Continue singulair daily and albuterol as needed as directed. Follow up as needed.

Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler
Refills: 0 Qty: 1 UNIT(S)
Instructions: INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING ANDEVENING (disp 1 inhaler).

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 11/12/24 9:24 AM

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L. Barton, DNP, CRNP