

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/03/25

PATIENT: TAMAYO, LORINA **DOB:** 01/18/1982 **Gender:** FEMALE **MRN:** 1578 **AGE:** 43 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: prolonged cough- productive at times (yellow) with dyspnea- present for past 2 weeks

HISTORY OF PRESENT ILLNESS: Mrs. Tamayo is a 43 yo female here today for cough, sob, wheezing (mostly at night) for the past 2 weeks. She has a history of asthma. She has been using her albuterol inhaler as needed, but doesn't really feel like it has been helping. She denies fever, runny nose, or nasal congestion.

VITALS: BP: 98/65 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 97.4; **Resp:** 17; **Ht:** 62 in.; **Wt:** 156 lbs.;
BMI: 28.53; **Pulse Oximetry:** 98%; **FDLMP:** 01/11/25

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler

PAST MEDICAL HISTORY: Sinus infections, seasonal allergies, asthma, anemia, GERD.

PAST SURGICAL HISTORY: Fallopian tube unblocking, uterine fibroid removal.

SOCIAL HISTORY: Denies smoking, and illicit drug use, drinks occasionally

FAMILY HISTORY: Grandparent: Diabetes, hyperlipidemia and thyroid issues.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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NEBULIZER BREATHING TREATMENT (1 unit(s)): Office Procedure
Albuterol Sulfate 0.083mg (1 unit(s)): Surgical Procedure

ASSESSMENT:

J45.21 - Mild intermittent asthma with (acute) exacerbation (PRIMARY).
R05.9 - Cough, unspecified.

PLAN:

Will treat for acute asthma exacerbation. Continue albuterol inhaler as needed. Rx as per below. Follow up as needed.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Symbicort 80 mcg-4.5 mcg/actuation HFA aerosol inhaler

Refills: 2 Qty: 1 UNIT(S)

Instructions: INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING ANDEVENING (disp 1 inhaler).

Electronically signed by Lindsey Barton, CRNP on 02/03/25 10:17 AM

L. Barton, DNP, CRNP