

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/30/26

PATIENT: TAMAYO, LORINA **DOB:** 01/18/1982 **Gender:** FEMALE **MRN:** 1578 **AGE:** 44 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: chest tightness since yesterday and eczema to right hand for 1 month

HISTORY OF PRESENT ILLNESS: 44 YO F PTC with c/o chest tightness, wheezing, pt states h/o asthma, began using her symbicort and albuterol with some relief. Also c/o eczema to middle finger of right hand that will not clear.

VITALS: BP: 102/68 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 67; **Temp:** 98.4; **Resp:** 16; **Wt:** 144.7 lbs.; **Pulse Oximetry:** 98%; **FDLMP:** 06/15/26

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler

PAST MEDICAL HISTORY: Sinus infections, seasonal allergies, asthma, anemia, GERD.

PAST SURGICAL HISTORY: Fallopian tube unblocking, uterine fibroid removal.

SOCIAL HISTORY: Denies smoking, and illicit drug use, drinks occasionally

FAMILY HISTORY: Grandparent: Diabetes, hyperlipidemia and thyroid issues.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. Scaling lesion noted over mid joint of middle finger on right hand.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

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RESULTS:

Dexamethasone 4mg/ml:
Site Given: Left Deltoid
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J45.909 - UNSPECIFIED ASTHMA, UNCOMPLICATED (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED
L30.9 - Dermatitis, unspecified

PLAN:

Pt advised to continue use of inhalers as directed, take RX as prescribed, hold zithromax and begin only if resp symptoms worsen, begin medrol tomorrow.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 21 TABLET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

triamcinolone acetonide 0.1 % topical cream

Refills: 0 Qty: 40 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

Use cream as directed for eczema, good emollient lotion as well.

Electronically signed by Breena Till, CRNP on 06/30/26 9:27 AM

