

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/12/21

PATIENT: SCHRAUGER, LORINA **DOB:** 01/18/1982 **Gender:** FEMALE **MRN:** 1578 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat, body aches, dizziness, and fatigue for 2 days

HISTORY OF PRESENT ILLNESS: Patient reports to clinic with complaints of a sore throat, body aches, dizziness, and fatigue that have been present for 2 days. Patient denies fever, loss of taste/smell, N/V/D, sinus drainage/congestion, cough, or shortness of breath. Similar to when she had strep a few months ago.

VITALS: BP: 114/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 98.5; **Resp:** 15; **Ht:** 61 in.; **Wt:** 145.7 lbs.;
BMI: 27.52; **Pulse Oximetry:** 98%; **FDLMP:** 07/18/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet

PAST MEDICAL HISTORY: Sinus infections, seasonal allergies, asthma, anemia

PAST SURGICAL HISTORY: Fallopian tube unblocking

SOCIAL HISTORY: Denies smoking, and illicit drug use, drinks occasionally

FAMILY HISTORY: Grandparent: Diabetes, hyperlipidemia and thyroid issues.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline. + bilateral submental lymphadenopathy.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

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Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

R53.83 - OTHER FATIGUE

R42 - DIZZINESS AND GIDDINESS

PLAN:

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 08/12/21 7:30 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.