

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/02/21

PATIENT: SCHRAUGER, LORINA **DOB:** 01/18/1982 **Gender:** FEMALE **MRN:** 1578 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sick visit

HISTORY OF PRESENT ILLNESS: cough, sneezing, sore throat, difficulty swallowing, right ear pain, and slight body aches for about 1 week.

VITALS: BP: 100/62 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 64; **Temp:** 97.1; **Resp:** 16; **Ht:** 61 in.; **Wt:** 140.9 lbs.;
BMI: 26.62; **Pulse Oximetry:** 100%; **FDLMP:** 11/26/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet

PAST MEDICAL HISTORY: Sinus infections, seasonal allergies, asthma, anemia

PAST SURGICAL HISTORY: Fallopian tube unblocking

SOCIAL HISTORY: Denies smoking, and illicit drug use, drinks occasionally

FAMILY HISTORY: Grandparent: Diabetes, hyperlipidemia and thyroid issues.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Left Ear- tympanic membranes clear. Right TM- erythematous, bulging, and cloudy. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

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INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

Rocephin 1G:
Site Given: Right Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

H66.91 - OTITIS MEDIA, UNSPECIFIED, RIGHT EAR (PRIMARY)
J03.90 - ACUTE TONSILLITIS, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED

PLAN:

cefdinir 300 mg capsule
Refills: 0 Qty: 20 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

triamcinolone acetonide 0.1 % topical cream
Refills: 0 Qty: 40 GRAM(S)
Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

Follow up as needed.

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Electronically signed by Lindsey Barton, CRNP on 12/02/21 11:00 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.