

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/29/23

PATIENT: GILES, MEONKA **DOB:** 04/19/1991 **Gender:** FEMALE **MRN:** 1581 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat

HISTORY OF PRESENT ILLNESS: Ms. Giles presents to the clinic with complaints of sore throat that started yesterday afternoon. She states the pain is 9/10. She denies all other symptoms. She has not tried any OTC meds. Patient is 32 weeks pregnant and has an appt with her OBGYN tomorrow.

VITALS: BP: 126/85 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 110; **Temp:** 97.9; **Resp:** 19; **Ht:** 66 in.; **Wt:** 250.9 lbs.; **BMI:** 40.49; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: C-section 2019

SOCIAL HISTORY: Works on campus. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- Erythematous with exudates. + 2 tonsils bilaterally. Anterior cervical nodes presents bilaterally no posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

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STREP A:

Value: Negative

ASSESSMENT:

J02.0 - Streptococcal pharyngitis (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Based on symptoms and exam< I feel it is in the patients interest to start ABX. Patient instructed to change toothbrush after 48 hour of being on the ABX. Salt water gargles and or Chloraseptic spray, Cepacol and Tylenol as needed for throat discomfort. Follow up as needed.

amoxicillin 500 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS FOR 10 DAYS.

Electronically signed by Robin Blackwell, CRNP on 03/29/23 10:18 AM

Robin Blackwell CNP