

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/14/22

PATIENT: GILES, MEONKA **DOB:** 04/19/1991 **Gender:** FEMALE **MRN:** 1581 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion, runny nose

HISTORY OF PRESENT ILLNESS: Pt is a 31 YOF who comes in with nasal congestion, HA, runny nose, sore throat for 1 day. Denies fever, N/V/D. Has not taken any OTC medications.

VITALS: BP: 138/87 **Pulse:** 102; **Temp:** 99.6; **Resp:** 16; **Ht:** 65 in.; **Wt:** 247.8 lbs.; **BMI:** 41.23; **Pulse Oximetry:** 99%; **FDLMP:** 07/03/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Alahist PE 2 mg-7.5 mg tablet (1 tablet PO every 4-6 hrs as needed for congestion and cold symptoms.)
Junel FE 1/20 (28) 1 mg-20 mcg (21)/75 mg (7) tablet (1 tablet daily)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: C-section 2019

SOCIAL HISTORY: Works on campus. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated;

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

R51.9 - HEADACHE, UNSPECIFIED

R09.81 - NASAL CONGESTION

J00 - Acute nasopharyngitis [common cold]

PLAN:

Advised OTC allergy and cold medications. COVID and strep negative. Return if fever develops or worsening s/s.

Electronically signed by Maranda Fain, CRNP on 07/14/22 9:43 AM

Handwritten signature of M. Fain, CRNP in cursive script.