

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/16/21

PATIENT: HOWARD, KATHERINE **DOB:** 12/20/1974 **Gender:** FEMALE **MRN:** 1601 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: body aches, headache, nasal congestion.

HISTORY OF PRESENT ILLNESS: Patient reports to clinic with body aches, headache, nasal congestion, and reports of confusion at times. Patient describes it as taking her longer than normal to gather her thoughts. Denies N/V/D, loss of taste/smell, shortness of breath, cough, sore throat, or any other symptoms. Patient is vaccinated with the Pfizer vaccine for COVID x2doses. She is concerned about COVID and would like to be tested before going to work.

VITALS: BP: 119/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.8; **Resp:** 16; **Ht:** 65 in.; **Wt:** 156.2 lbs.;
BMI: 25.99; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Prozac 40 mg capsule (1 tablet PO daily)

Wellbutrin XL 150 mg 24 hr tablet, extended release (1 tablet PO daily)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- breast cancer; Father depression; Brother- depression; Sister- depression.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

R51.9 - HEADACHE, UNSPECIFIED (PRIMARY)
R09.81 - NASAL CONGESTION
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Rapid COVID is negative. Exam is essentially normal. Follow up if no improvement or worsening symptoms. She can take tylenol or ibuprofen otc as needed for headache. Recommended antihistmine and flonase for allergy type symptoms.

Electronically signed by Lindsey Barton, CRNP on 08/27/21 10:48 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.