

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 09/27/18

PATIENT: SHIMAZ, EMILY **DOB:** 09/28/1988 **Gender:** FEMALE **MRN:** 163 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat, body aches at night.

Symptoms: Slight congestion and drainage, Sore throat on (R) side and neck/ear pain on that side. Worse at night.
Symptoms for 2 days. HAs. No known fever. +for body aches.

Duration: 2 days

Context: Possible sick contacts

ModFact: Took Tylenol at home for symptoms.

VITALS: BP: 118/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 96; **Temp:** 98.7; **FDLMP:** 09/27/18

ALLERGIES: No Known Drug Allergies; latex ((Rash) or (C/O a rash) (finding))

MEDICATIONS:

Adderall 20 mg tablet

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Patient is positive for: Fatigue, Malaise,

ENMT: Patient is positive for: cough, congestion, sinus pain, earache, sore throat,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Membranes moist; No cyanosis of lips or mucosa; Airways patent;

EARS: Both TM reflections dull; TMs intact; External Auditory Canal clear;

NOSE: Nasal mucosa moist and pink; mildly congested Turbinate Hypertrophy on Left; Bilateral Maxillary Sinus Tenderness;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck Supple; Full Range of Motion; Bilateral Anterior Cervical Lymphadenopathy;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

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Value: Negative

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

cefdinir 300 mg capsule
Refills: 0 Qty: 20 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

URI/Sinusitis information sheet provided to patient.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 09/27/18 3:38 PM