

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 10/22/18

PATIENT: SHIMAZ, EMILY **DOB:** 09/28/1988 **Gender:** FEMALE **MRN:** 163 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Urinary frequency

Symptoms: Symptoms started Saturday morning. Urinary frequency, burning. Sensation of needing to go. Some back pain has been noticed. Denies fever. Patient reports that abdominal pain felt like a menstrual cramp. Cycle due next week. Denies itchiness and irritation.

Context: Drinking cranberry juice and water, does not use scented soaps.

ModFact: Was and MDs office about a month ago with same symptoms. Took antibiotic every 6 hours. Culture at that time resulted in no growth.

Other: Denies diarrhea. Has regular BMs with ease.

VITALS: BP: 130/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87; **Temp:** 98.7; **FDLMP:** 09/16/18

ALLERGIES: No Known Drug Allergies; latex ((Rash) or (C/O a rash) (finding))

MEDICATIONS:

Adderall 20 mg tablet

cefdinir 300 mg capsule (TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS)

REVIEW OF SYSTEMS:

GENITOURINARY: Patient is positive for: urinary frequency, burning and pain with urination; Patient denies: Pelvic vaginal discharge, leaking urine, itching, odor,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

GASTROINTESTINAL: Abdomen Soft and Nondistended; Suprapubic and lower abdominal Tenderness; No Organomegaly; Bowel Sounds Symmetric x4;

MUSCULOSKELETAL: No CVA tenderness is palpated.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: Clear

Color: Orange

Sp: 1.015

pH: 7

CS: yes

Comments: Unable to determine due to use of AZO.

ASSESSMENT:

R35.0 - Frequency of micturition (PRIMARY)

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R30.0 - Dysuria

PLAN:

Urine culture.

ciprofloxacin 500 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Will notify patient of any abnormal lab work.

RTC for unresolving symptoms

Electronically signed by Melodye Harvey, CRNP on 10/22/18 2:58 PM