

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/07/24

PATIENT: ZHAI, QIANG **DOB:** 02/11/1958 **Gender:** MALE **MRN:** 1646 **AGE:** 66 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: runny nose, dry cough, sore throat for 2 days.

HISTORY OF PRESENT ILLNESS: Mr. Zhai is a 66 yo male here today for runny nose, sore throat, cough, and low grade fever since Tuesday afternoon. He has been taking tylenol for symptoms.

VITALS: BP: 122/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 97.3; **Resp:** 16; **Ht:** 66 in.; **Wt:** 168.2 lbs.;
BMI: 27.14; **Pulse Oximetry:** 98%

ALLERGIES: Alcohol (substance)

MEDICATIONS:

Xyzal 5 mg tablet (daily)

PAST MEDICAL HISTORY: insomnia, hives

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: Works at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

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COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Positive

INFLUENZA:

Value: Positive Flu A. Flu B negative.

COVID Rapid Testing:

Value: Positive

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)

U07.1 - COVID-19

J02.0 - Streptococcal pharyngitis

R05.9 - COUGH, UNSPECIFIED

PLAN:

Rx as per below. Tylenol or ibuprofen as needed for pain/fever. Increase fluid intake. Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS as needed for cough/sinus symptoms

Xofluza 20 mg tablet

Refills: 0 Qty: 2 TABLET(S)

Instructions: TAKE 2 TABLETS (40 MG) BY ORAL ROUTE ONCE

amoxicillin 875 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (875 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 03/07/24 10:41 AM

L Barton, CRNP