

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/31/22

PATIENT: KODA, DAVID **DOB:** 03/08/1971 **Gender:** MALE **MRN:** 1648 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, sore throat

HISTORY OF PRESENT ILLNESS: Mr. Koda is a 51 yo male here today for dry cough, congestion, sore throat, and headache since yesterday. He was exposed to the flu over the weekend as his son tested positive.

States his last Hgb A1C was 6.1%.

VITALS: BP: 145/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 104; **Temp:** 99.2; **Resp:** 16; **Ht:** 64 in.; **Wt:** 185 lbs.;
BMI: 31.75; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

amlodipine 5 mg tablet (daily)
glimepiride 4 mg tablet (daily)
metformin 1,000 mg tablet (BID)
ramipril 10 mg capsule (daily)
simvastatin 40 mg tablet (daily)

PAST MEDICAL HISTORY: HTN, DM2

PAST SURGICAL HISTORY: cyst removal 10 yrs ago

SOCIAL HISTORY: Denies tobacco, recreational drug, ETOH abuse. Employee on campus.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; + tachycardia; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

R68.89 - OTHER GENERAL SYMPTOMS AND SIGNS (PRIMARY)
R09.81 - NASAL CONGESTION
R05.9 - COUGH, UNSPECIFIED
Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

PLAN:

Will treat for flu-like illness. Tylenol or motrin as needed for fever/pain. Follow up as needed.

Xofluza 80 mg tablet
Refills: 0 Qty: 1 TABLET(S)
Instructions: TAKE 1 TABLET (80 MG) BY ORAL ROUTE ONCE

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 8 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 10/31/22 10:34 AM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".