

Central Alabama Ear, Nose, & Throat Associates

*Otolaryngology
Head & Neck Surgery
Facial Surgery
Allergy*

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March 19, 2019

Carol Stewart, CRNP
7400 East Drive
Montgomery, AL 36117

via Fax

Re: Yujin An
DOB: 5/16/97

Dear Carol:

Yujin is back in my office on 3/19/19. She is a very nice young lady who is having problems with thyromegaly. She was also having some issues with hypothyroidism. Her gland was noted to be hypervascular on ultrasound, consistent with thyroiditis. She has been hypothyroid with low T4 and very high TSH. Initially, we put her on 100 mcg of Synthroid. A couple of months later, we rechecked her TSH and it is now 0.03. Her free T4 is actually still in the normal range, but apparently we are over drying her just a bit. We have dropped back to 75 mcg on her Synthroid.

On exam, her gland is nontender. It continues to be slightly enlarged. It is not causing any issues with dysphagia. It is not causing any issues with discomfort. She is not unhappy with it from a cosmetic standpoint. Everything else is unchanged.

She feels like she is having a little bit of fatigue at this point. I don't think that is necessarily coming from her thyroid. We are going to continue on with 75 mcg of Synthroid for another couple of months. I will recheck a TSH, Free T4 at that point. She will call me for her results a week or so later to see if we need to adjust her medications. It is possible that we may get her set with an Endocrinologist to manage her going forward, unless she feels like everything is perfect at that point.

Sincerely,

Wallace C. Vaughan, M.D.
WCV:jdb

*Dictated but not yet reviewed by
Dr. Vaughan, to expedite delivery*