

Central Alabama Ear, Nose, & Throat Associates

*Otolaryngology
Head & Neck Surgery
Facial Surgery
Allergy*

Wallace C. Vaughan, M.D., F.A.C.S.
Diplomat, American Board of Otolaryngology

C. Elliott Morgan, M.D., F.A.C.S.
Diplomat, American Board of Otolaryngology

December 3, 2018

Amy B. Strickland, AuD., CCC-A
Clinical Audiologist

Carol Stewart, CRNP
7400 East Drive
Montgomery, AL 36117

via Fax

Re: Yujin An
DOB: 5/16/97

Dear Carol:

Yujin is in my office on 12/3/18. She is a very nice 21 year-old young lady who has had a goiter which she feels may have been there for up to a year. She is having problems with weight gain and says she stays cold all of the time. She has a TSH which I believe is 110, which seems to be adequately elevated. She is otherwise generally pretty healthy. She has no other daily medications. She has no drug allergies. She is not on Synthroid at this point.

She is not having pain in her thyroid at this point. Her exam otherwise is fairly unremarkable. The canals look ok. The TMs look ok. The oral cavity and oropharynx looks good. There is a palpable, about 5 cm thyroid gland with no obvious adenopathy. There is no obvious nodularity.

At this point, I am going to go ahead and put her on some Synthroid. We will get a free T4. We will get an ANA. We will get a thyroid peroxidase level and see where we go with this. Hopefully we will find that if we suppress her TSH, her gland may shrink back down. She very likely has Hashimoto's thyroiditis. I will recheck her in about two months. We will get her repeat TSH and free T4 prior to her return.

Sincerely,

Wallace C. Vaughan, M.D.
WCV:jdb

*Dictated but not yet reviewed by
Dr. Vaughan, to expedite delivery*