

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/04/26

PATIENT: SMITH, CLAUDIA **DOB:** 04/20/1961 **Gender:** FEMALE **MRN:** 1661 **AGE:** 64 Years

VISIT TYPE: Lab Only

CHIEF COMPLAINT: BP check

HISTORY OF PRESENT ILLNESS: 64 YO F PTC for BP check, BP noted to be very elevated, pt states her PCP has just recently changed her from HCTZ and telmisartan to telmisartan and spironolactone. Pt states every time her meds are changed her BP spikes up. States she is having some associated left shoulder/arm pain and headache.

VITALS: BP: 191/96 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87 **BP2:** 233/106 **Site2:** LEFT ARM **Position2:** SITTING **BP3:** 189/102 **Site3:** LEFT ARM **Position3:** SITTING **Pulse3:** 76; **Resp:** 15; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

nortriptyline 10 mg capsule
spironolactone 25 mg tablet (daily)
telmisartan 40 mg tablet (daily)

PAST MEDICAL HISTORY: HTN and high cholesterol; PCP is Dr. Thomas Lindsey

PAST SURGICAL HISTORY: 2 c-sections, hysterectomy, heart cath

SOCIAL HISTORY: denies alcohol, tobacco, and illicit drug use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

EKG (1 unit(s)): Office Procedure

ASSESSMENT:

R07.9 - CHEST PAIN, UNSPECIFIED (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION

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PLAN:

clonidine HCl 0.1 mg tablet
Refills: 0 Qty: 1 TABLET(S)
Instructions: PO NOW (Dispensed)

EKG in house
Vent rate 80
PR int 190
QRS duration 80
sinus rhythm

Pt to DC spironolactone and restart HCTZ until f/u with PCP, recommend taking the HCTZ in the morning, pt has been taking at night and it keeps her up to restroom,

BP at 1520: 176/92 with heart rate 71

Electronically signed by Breena Till, CRNP on 03/04/26 3:31 PM

