

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/26/23

PATIENT: SMITH, KENNEDY **DOB:** 10/28/1995 **Gender:** FEMALE **MRN:** 1672 **AGE:** 27 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

HISTORY OF PRESENT ILLNESS: Ms. Smith presents to the clinic with complaints of sore throat, sneezing, low grade fever 100 last night, nasal congestion, runny nose x 2 days. She has tried Tylenol, last dose last night a 7 pm.

of note: She is on birth control pills. She states she does not have periods.

VITALS: BP: 128/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 96; **Temp:** 98.2; **Resp:** 17; **Ht:** 71 in.; **Wt:** 194.1 lbs.;
BMI: 27.07; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Wisdom teeth

SOCIAL HISTORY: Denies tobacco, illicit drug abuse, but admits to social ETOH use. Works on campus.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

Abbott COVID Rapid Test:

Value: Negative

ASSESSMENT:

J00 - Acute nasopharyngitis [common cold] (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

R09.81 - Nasal congestion

R51.9 - Headache, unspecified

PLAN:

Discussed OTC meds for symptoms. RTC if symptoms do not improve or worsen in 5-7 days. Patient states she has Flonase and Zyrtec at home.

Electronically signed by Robin Blackwell, CRNP on 04/26/23 10:57 AM

Robin Blackwell CNP