

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/01/23

PATIENT: SMITH, KENNEDY **DOB:** 10/28/1995 **Gender:** FEMALE **MRN:** 1672 **AGE:** 27 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus pressure

HISTORY OF PRESENT ILLNESS: Patient returns to the clinic after no improvement from office visit 4/16. Patient states her fever is gone but she is having increased sinus pressure with nasal congestion and cough.

VITALS: BP: 122/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.6; **Resp:** 16; **Ht:** 70 in.; **Wt:** 193.6 lbs.;
BMI: 27.77; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Wisdom teeth

SOCIAL HISTORY: Denies tobacco, illicit drug abuse, but admits to social ETOH use. Works on campus.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Maxillary sinus tenderness palpated, no frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Dexamethasone 4mg/ml (2 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 8 milligram(s)

Administered By: Blackwell, Robin - CRNP

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ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
R05.9 - Cough, unspecified
R09.81 - Nasal congestion

PLAN:

Continue Flonase. Follow up as needed.

amoxicillin 875 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET (875 MG) BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 280 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS AS NEEDED FOR
COUGH/CONGESTION. DO NOT EXCEED 40 ML/DAY

Electronically signed by Robin Blackwell, CRNP on 05/01/23 11:09 AM

Robin Blackwell CNP