

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/12/24

PATIENT: SMITH, KENNEDY **DOB:** 10/28/1995 **Gender:** FEMALE **MRN:** 1672 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: neck pain and left arm pain since being involved in a car accident on Tuesday 12/10/2024. She was the restrained driver of her car and hit on the left side by another vehicle.

HISTORY OF PRESENT ILLNESS: Ms. Smith is a 29 yo female here today for neck pain. She was involved in a MVC on 12/10/2024. She was a restrained driver and was hit from the side. She states the air bags did not deploy but her car is considered totaled. She c/o neck pain that she describes as "slight pain". She has a prescription of robaxin from a prior office visit and she took that and it seemed to help. She denies numbness, tingling, or weakness down her arms. She had left arm pain initially, but states that has since resolved. She denies any other pain or injury.

unknown LMP secondary to birth control.

VITALS: BP: 127/80 **Pulse:** 73; **Temp:** 97.9; **Resp:** 16; **Ht:** 70 in.; **Wt:** 179.9 lbs.; **BMI:** 25.81; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Adderall 10 mg tablet (1 tablet po daily)
norethindrone 1 mg-e. estradiol 20 mcg (24)-iron 75 mg (4) chew tablet

PAST MEDICAL HISTORY: ADHD

PAST SURGICAL HISTORY: Wisdom teeth

SOCIAL HISTORY: Married. Has 1 child. Works on campus. Denies tobacco, illicit drug abuse, but admits to social ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ radial pulses bilaterally. + FROM complete spine. No vertebral point tenderness. Bilateral hand grasp strong and equal 5/5. 2+ bilateral DP and PT pulses.

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

M54.2 - Cervicalgia (PRIMARY)

V87.7XXA - Person injured in collision between other specified motor vehicles (traffic), initial encounter

PLAN:

Rx as per below as needed for pain. She can continue the muscle relaxer as prescribed as needed. Recommended heating pad. Given referral for c-spine x-ray. Follow up with results.

ibuprofen 800 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD as needed for pain

Referral: EMIC, East Montgomery Imaging Center (Radiology)

No Special Instructions

Electronically signed by Lindsey Barton, CRNP on 12/13/24 9:43 AM

L. Barton, DNP, CRNP