

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/25/22

PATIENT: CHAFFIN, SERRA **DOB:** 09/18/1988 **Gender:** FEMALE **MRN:** 1693 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat and nasal congestion

HISTORY OF PRESENT ILLNESS: Mrs. Chaffin is a 33 yo female here today for clear sinus drainage, nasal congestion, and sore throat for the past 3 days. Sore throat is her main complaint. Denies fever, cough, or ear pain. She tested herself for COVID yesterday and was negative.

VITALS: BP: 130/92 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 94; **Temp:** 98.4; **Resp:** 16; **Ht:** 64 in.; **Wt:** 165.2 lbs.;
BMI: 28.35; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Junel 1.5/30 (21) 1.5 mg-30 mcg tablet (1 tablet daily)
Vyvanse 30 mg capsule (1 tablet daily)
diltiazem ER 360 mg tablet, extended release 24 hr (1 tablet daily)

PAST MEDICAL HISTORY: ADD, tachycardia

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Works on campus. Married with children. Denies smoking, drinking, or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous w/ petechiae present without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R09.81 - NASAL CONGESTION

PLAN:

Abx as prescribed. Follow up as needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 04/25/22 10:19 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.