

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/15/23

PATIENT: TAYLOR, TANQUILLA **DOB:** 07/20/1968 **Gender:** FEMALE **MRN:** 1694 **AGE:** 55 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Neck pain, nausea/vomiting/diarrhea

HISTORY OF PRESENT ILLNESS: Mrs. Taylor is a 55 yo female here today for n/v/d that occurred yesterday. Her last episode of vomiting and diarrhea were both yesterday morning. It was associated with upset stomach but that has since all resolved. She states she also woke up this morning with a headache and right sided neck pain. She states it hurts to turn and look to the right. Denies injury or any neck issues in the past.

VITALS: BP: 156/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 112; **Temp:** 97.9; **Resp:** 18; **Ht:** 65 in.; **Wt:** 244.8 lbs.; **BMI:** 40.73; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lexapro 20 mg tablet (1 tablet PO once daily)
Protonix 40 mg tablet, delayed release (1 tablet PO every other day)
lisinopril 10 mg tablet (1 tablet PO once daily)
metformin 500 mg tablet (1 tablet PO BID)

PAST MEDICAL HISTORY: GAD/depression, T2DM, HTN, GERD

PAST SURGICAL HISTORY: Hysterectomy, Left ankle surgery, Right knee surgery

SOCIAL HISTORY: Married. Works at AUM. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ radial pulses bilaterally. No cervical vertebral point tenderness. Right trapezius muscle is tight and swollen. Limited ROM when turning head to the right side. Bilateral hand grasp strong and equal.

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
INFLUENZA (1 unit(s)): In-House Lab
Toradol 60 MG (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Toradol 60 MG :
Site Given: Left Ventral Gluteal
Dosage Given: 60 milligram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

S16.1XXA - Strain of muscle, fascia and tendon at neck level, initial encounter (PRIMARY).
J02.9 - Acute pharyngitis, unspecified.
R11.2 - Nausea with vomiting, unspecified.
R19.7 - Diarrhea, unspecified.
R51.9 - Headache, unspecified.

PLAN:

N/V/D have resolved. Acute pharyngitis has resolved. Given toradol and steroid shots for cervical neck pain and

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headache. Recommended heating pad and massage for relief of neck spasms. Rx as per below. She is diabetic. We discussed that the steroid shot will increase her glucose for the next few days and to watch her carb intake for the next few days. She verbalized understanding. Follow up as needed.

Naprosyn 500 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH FOOD as needed for pain

methocarbamol 750 mg tablet

Refills: 0 Qty: 15 TABLET(S)

Instructions: TAKE 1 TABLET (750 MG) BY ORAL ROUTE at night as needed for muscle spasms

Electronically signed by Lindsey Barton, CRNP on 08/15/23 3:31 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.