

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/05/21

PATIENT: BISWAS, SOURISH **DOB:** 10/31/1985 **Gender:** MALE **MRN:** 1703 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: genital itch for about a week.

HISTORY OF PRESENT ILLNESS: history of prediabetes in the past. C/o genital itching for the past 1 week. He is uncircumcised. He also reports occasional pain to genital shaft as well.

VITALS: BP: 127/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 96.9; **Resp:** 16; **Ht:** 65 in.; **Wt:** 196.4 lbs.;
BMI: 32.68; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

lisinopril 5 mg tablet (daily)

PAST MEDICAL HISTORY: HTN, Prediabetes; GAD

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Spouse works on campus. Smokes 2-3 cigs per day x 15 years. Denies illicit drug use. Occasional use.

FAMILY HISTORY: Father- DM, HLD

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

Male genital exam- Chaperone- Karoline, RN student. Uncircumcised male with erythema to foreskin area.

ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics

UA (1 unit(s)): In-House Lab

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

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LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
Glucose (1 unit(s)): In-House Lab
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Positive
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Negative
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative
CS: no

Glucose:

Value: 348

ASSESSMENT:

B37.42 - Candidal balanitis (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
R73.03 - PREDIABETES
R81 - GLYCOSURIA

PLAN:

Rx as per below. Most likely has diabetes w/ >1000 glucosuria and random glucose of 348. Will treat pending A1C and lab results.

Diflucan 150 mg tablet

Refills: 0 Qty: 2 TABLET(S)

Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; repeat dose in 3 days

clotrimazole 1 % topical cream

Refills: 0 Qty: 15 GRAM(S)

Instructions: APPLY TO THE AFFECTED AND SURROUNDING AREAS OF SKIN BY TOPICAL ROUTE 2 TIMES PER DAY IN THE MORNING AND EVENING

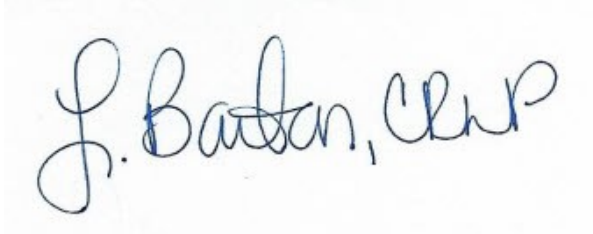
Electronically signed by Lindsey Barton, CRNP on 10/05/21 2:59 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large, stylized "J" and "B".