

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 06/27/17

PATIENT: MORRIS, ARLENE **DOB:** 01/21/1954 **Gender:** FEMALE **MRN:** 170 **AGE:** 63 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: In for general assessment. Feels well overall except for having some issues with arthritis. Also, feels as if her energy level has decreased.

Duration: Has noticed decreased energy level since January.

ModFact: Increased emotional stress due to a work and personal issues.

VITALS: BP: 109/65 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 62; **Temp:** 98

MEDICATIONS:

Crestor 10 mg tablet

PAST MEDICAL HISTORY: allergic rhinitis Hay Fever/Allergies B12 Deficiency; Iron Deficiency Anemia; Sinusitis

PAST SURGICAL HISTORY: Tonsillectomy; adenoidectomy

SOCIAL HISTORY: Exercises regularly; Is experiencing unusual stress. Married; Does not use recreational drugs; Does not use tobacco; Does wear a seat belt;

FAMILY HISTORY: Father with history of: Heart Disease; High Blood Pressure; High Cholesterol; Mother with history of: Uterine Sarcoma. Grandparents: Diabetes, H heart disease, hyperlipidemia, strokes, colon cancer

HEALTH MX HISTORY: Chronic Care Management Consent form signed on and scanned into patients chart.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills, Nausea, Vomiting, Dizziness, Patient is positive for: Fatigue, Malaise,

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

Patient is positive for: Cataracts, Dry Eyes,

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: Patient is positive for: Joint pain, .

NEUROLOGIC: burning and tingling on sole of the feet after she has been standing or walking for extended lengths of time

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

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EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates. Dentition and gums WNL

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy. Thyroid non-palpable

CARDIOVASCULAR: HRRR; No murmurs audible

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities; Muscle strength WNL against resistance.

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate but slightly sad when talking about upcoming retirement and life changes

ASSESSMENT:

R53.83 - Other fatigue (PRIMARY)

R20.2 - Paresthesia of skin

PLAN:

Crestor 10 mg tablet

Refills: 5 Qty: 30 TABLET(S)

Instructions: Take 1 po qd

RTC Friday, (6/30/17) for fasting lab draw. CBC, CMP, TSH, Lipid panel, Vit. D, Vit. B-12

Electronically signed by Carol Stewart, NP on 06/27/17 2:50 PM