

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/18/21

PATIENT: SHIFFERD, JASON **DOB:** 04/24/1986 **Gender:** MALE **MRN:** 1722 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: new loss of taste this morning, headache, muscle aches, ringing in the ears.

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of new loss of taste this morning, headache, muscle aches, ringing in the ears for about 1 day. Patient is fully vaccinated for COVID and denies known exposure. Patient denies all other symptoms of COVID/flu at this time. He reports taking tylenol otc for his headache a few times yesterday which temporarily helped. He reports taste is still there but he is not able to taste like his normal.

VITALS: BP: 128/82 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 89; **Temp:** 97.1; **Resp:** 16; **Ht:** 72 in.; **Wt:** 230 lbs.;
BMI: 31.19; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: anxiety, ADHD; HLD

PAST SURGICAL HISTORY: spinal fusion

SOCIAL HISTORY: Works on Campus. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Father- diabetes, heart disease, HLD; Mother- Diabetes; Brother- Brain cancer, depression; Grandmother- diabetes; Grandfather- prostate cancer.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
COVID-19 PCR Swab (Use this code) (1 unit(s)): Other External
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

R43.2 - PARAGEUSIA (PRIMARY)
R51.9 - HEADACHE, UNSPECIFIED
Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

PLAN:

COVID PCR sent to lab for confirmation. Will need to self quarantine until results received. Tylenol or motrin as needed for headache. Follow up with labs. He verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 11/18/21 2:44 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.