

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/16/22

PATIENT: GARDNER, JENNIFER **DOB:** 07/23/1987 **Gender:** FEMALE **MRN:** 1728 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: migraine

HISTORY OF PRESENT ILLNESS: Mrs. Gardner is a 34 yo female here today for migraine that has been present since Sunday. She has a history of migraines in the past. They typically occur about once a month since she had her 2 yr old daughter. This migraine is like her usual except it has never lasted this long. Today she has a dull headache. She took ibuprofen with relief until it came back around lunch time. She started having fatigue and chills around this time as well. Denies blurred vision, runny nose, fever, cough. She is COVID vaccinated. She does not have an aura associated with her migraines. Occasionally she will have some dizziness and nausea. She has never been on medication for her migraines in the past except for motrin in which she typically takes 800mg per dose.

She has an IUD and rarely has menstrual cycles. She does mention that she has the Kyleena this time. Prior to having her second child she had a different IUD and felt like her migraines weren't as frequent but she is not sure if it is associated with this specific IUD or not.

VITALS: BP: 132/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 124; **Temp:** 98.7; **Resp:** 16; **Ht:** 63 in.; **Wt:** 144 lbs.;
BMI: 25.5; **Pulse Oximetry:** 96%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: migraines

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: Married. 2 Children. Works on campus. denies tobacco and illicit drug use; occasional alcohol use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. No nystagmus. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Toradol 60 MG (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

Toradol 60 MG :
Site Given: Right Ventragluteal
Dosage Given: 60 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

G43.909 - MIGRAINE UNSP NOT INTRACT WITHOUT STATUS MIGR (PRIMARY)
R53.83 - OTHER FATIGUE
R68.83 - CHILLS (WITHOUT FEVER)

PLAN:

COVID and flu are negative. She started having chills and fatigue today. I explained that if she started having fever or any other symptoms then she will need to call to be reevaluated. Will treat for migraine. Given toradol shot in office. Rx as per below. Follow up as needed.

Maxalt-MLT 10 mg disintegrating tablet
Refills: 1 Qty: 12 TABLET(S)
Instructions: PLACE 1 TABLET (10 MG) ON TOP OF TONGUE, ALLOW TO DISSOLVE THEN SWALLOW BY TRANSLINGUAL ROUTE ONCE, MAY REPEAT EVERY 2 HRS; MAX 30 MG/24HRS

ibuprofen 800 mg tablet
Refills: 1 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD as needed for pain

Electronically signed by Lindsey Barton, CRNP on 03/16/22 3:15 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.

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