

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/08/25

PATIENT: WITCHER, HEATHER **DOB:** 06/08/1988 **Gender:** FEMALE **MRN:** 1758 **AGE:** 36 Years

VISIT TYPE: GYN Visit

CHIEF COMPLAINT: Possible UTI

HISTORY OF PRESENT ILLNESS: Ms. Witcher is a 36 yo female here today for possible UTI. She c/o increased urinary frequency, urinary odor, pelvic heaviness and burning with urination since last night. Denies fever.

VITALS: BP: 136/91 **Pulse:** 97; **Temp:** 96.6; **Resp:** 16; **Ht:** 61 in.; **Wt:** 156.4 lbs.; **BMI:** 29.55; **Pulse Oximetry:** 98%;
FDLMP: 02/01/25

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED)

Symbicort 80 mcg-4.5 mcg/actuation HFA aerosol inhaler (INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING ANDEVENING)

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization (INHALE 3 MILLILITERS (2.5 MG) BY NEBULIZATION ROUTE 3 TIMES PER DAY or every 4-6 hrs as needed for sob/wheezing (Disp 50 vials).)

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED FOR COUGH/SOB/WHEEZING (DISP 1 INHALER).)

nebulizer and compressor (Disp 1 nebulizer/compressor with supplies. Diagnosis- J45.20.)

PAST MEDICAL HISTORY: Asthma

PAST SURGICAL HISTORY: C-sections

SOCIAL HISTORY: AUM Faculty. Teaches British History. Denies smoking, ETOH or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Urine Culture Routine (1 unit(s)): LabCorp
UA (1 unit(s)): In-House Lab
URINE PREG TEST (1 unit(s)): In-House Lab

RESULTS:

UA:
Appearance: cloudy
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Positive
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Positive
Leukocytes: Positive
CS: yes
Comments: Leuks- 75, Bld- 250.

URINE PREG TEST :
Value: Negative

ASSESSMENT:

N39.0 - Urinary tract infection, site not specified (PRIMARY).
N92.6 - Irregular menstruation, unspecified.

PLAN:

Increase water intake. Rx as per below. Follow up with urine culture. Follow up as needed.

Macrobid 100 mg capsule
Refills: 0 Qty: 14 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

Pyridium 100 mg tablet
Refills: 0 Qty: 6 TABLET(S)
Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AFTER MEALS AS NEEDED for bladder pain/spasms

Electronically signed by Lindsey Barton, CRNP on 04/08/25 1:55 PM

L. Barton, DNP, CRNP

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