

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/14/23

PATIENT: WITCHER, HEATHER **DOB:** 06/08/1988 **Gender:** FEMALE **MRN:** 1758 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Dry cough x 1 month and worse the past 2 days.

HISTORY OF PRESENT ILLNESS: Ms. Witcher is a 35 yo female here today for persistent dry cough for the past 1 month. She states she has a history of asthma in the past, but typically only has issues seasonally in the spring, but not in the fall. She states she does wake up sob at night sometimes. She does not have a rescue inhaler.

She also c/o more productive cough over the past 2-3 days associated with sinus congestion and left ear feeling muffled. She denies sinus drainage or fever.

VITALS: BP: 131/86 **Pulse:** 82; **Temp:** 98.9; **Resp:** 16; **Ht:** 62 in.; **Wt:** 158.4 lbs.; **BMI:** 28.97; **Pulse Oximetry:** 98%;
FDLMP: 11/01/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED)

PAST MEDICAL HISTORY: Asthma

PAST SURGICAL HISTORY: C-sections

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Albuterol Sulfate 0.083mg (1 unit(s)): Surgical Procedure
NEBULIZER BREATHING TREATMENT (1 unit(s)): Office Procedure
INFLUENZA (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J45.21 - Mild intermittent asthma with (acute) exacerbation (PRIMARY).
R09.81 - Nasal congestion.
R05.9 - Cough, unspecified.

PLAN:

RX as per below. Follow up as needed or if no improvement.

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 UNIT(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler
Refills: 0 Qty: 1 UNIT(S)
Instructions: INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED for cough/sob/wheezing (Disp 1 inhaler).

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization
Refills: 0 Qty: 50 UNIT(S)
Instructions: INHALE 3 MILLILITERS (2.5 MG) BY NEBULIZATION ROUTE 3 TIMES PER DAY or every 4-6 hrs as needed for sob/wheezing (Disp 50 vials).

Ninjacof 12.5 mg-12.5 mg/5 mL oral liquid
Refills: 0 Qty: 120 ML(S)
Instructions: 10 ML PO EVERY 8 HRS AS NEEDED FOR COUGH/CONGESTION.

nebulizer and compressor
Refills: 0 Qty: 1 UNIT(S)
Instructions: Disp 1 nebulizer/compressor with supplies. Diagnosis- J45.20.

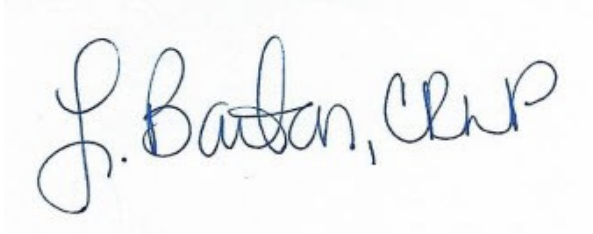
Electronically signed by Lindsey Barton, CRNP on 11/15/23 9:28 AM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".