

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 12/06/22

**PATIENT:** WITCHER, HEATHER   **DOB:** 06/08/1988   **Gender:** FEMALE   **MRN:** 1758   **AGE:** 34 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** dry cough, fever, body aches, headache, shortness of breath with cough and with exertion.

**HISTORY OF PRESENT ILLNESS:** Symptoms started yesterday. She took ibuprofen at 1 pm today for fever. Of note, her son tested positive for the Flu yesterday as well.

**VITALS:** BP: 138/87   **Site:** LEFT ARM   **Position:** SITTING   **Pulse:** 130;   **Temp:** 100.8;   **Resp:** 18;   **Ht:** 62 in.;   **Wt:** 154.2 lbs.;   **BMI:** 28.2;   **Pulse Oximetry:** 96%;   **FDLMP:** 11/22/22

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED)  
benzonatate 200 mg capsule (TAKE 1 CAPSULE (200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH)  
doxycycline hyclate 100 mg capsule (TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE 2 TIMES PER DAY FOR 14 DAYS)

**PAST MEDICAL HISTORY:** Denies

**PAST SURGICAL HISTORY:** C-sections

**SOCIAL HISTORY:** Denies smoking, ETOH or illicit drug use.

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Tachycardia; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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**ORDERS:**

Abbott COVID Rapid Test (1 unit(s)): In-House Lab  
INFLUENZA (1 unit(s)): In-House Lab

**RESULTS:**

INFLUENZA:  
Value: Positive  
Comment: Flu A

Abbott COVID Rapid Test:  
Value: Negative

**ASSESSMENT:**

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)  
R50.9 - FEVER, UNSPECIFIED  
R05.9 - COUGH, UNSPECIFIED  
R52 - PAIN, UNSPECIFIED  
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

**PLAN:**

Tylenol or motrin otc as directed on bottle as needed for fever. Increase fluid intake to stay hydrated. Rx as per below.

Xofluza 40 mg tablet  
Refills: 0 Qty: 1 TABLET(S)  
Instructions: Take 1 tablet PO once for flu.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup  
Refills: 0 Qty: 240 ML(S)  
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 8 hours as needed for cough/congestion

Pt instructed not to take both tessalon perrles (from recent OV) and bromfed. One or the other.

Electronically signed by Lindsey Barton, CRNP on 12/06/22 3:54 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.