

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/28/19

PATIENT: GRIFFIN, KAREN **DOB:** 07/26/1961 **Gender:** FEMALE **MRN:** 180 **AGE:** 58 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Needing thyroid lab work drawn.

Symptoms: Doctor has moved out of town and is awaiting an appointment.

VITALS: BP: 177/96 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 111 **BP2:** 164/90 **Site2:** LEFT ARM **Position2:** SITTING

MEDICATIONS:

Synthroid 150 mcg tablet
lisinopril 20 mg tablet

PAST MEDICAL HISTORY: HTN, Hypothyroidism,

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Does not exercise regularly; Does not use tobacco; Does not use recreational drugs;

FAMILY HISTORY:

Mother: HTN
Father HTN
Sister: HTN breast cancer
Brother: HTN
Maternal grandmother: DM

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy. Thyroid palpable without nodules.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

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E03.9 - HYPOTHYROIDISM, UNSPECIFIED (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION

PLAN:

Will await lab results to decide course of action.

Check BP at home bid and record.

Electronically signed by Carol Stewart, NP on 08/28/19 2:28 PM