

ORAL CONTRACEPTIVES (BIRTH CONTROL PILLS)

Auburn Montgomery

6-22-15

INSTRUCTIONS FOR STARTING ORAL CONTRACEPTIVES

- ♦ Oral contraceptives are available in 21- or 28-day packs. Active pills (pills with hormones) are taken for 21 days; 28-day pills contain 7 "spacer" pills (contain no hormones).
- ♦ Start pills on first Sunday after period begins (if period begins on Sunday, you should take the first pill on that day).
- ♦ Take one pill a day until pack is finished; if 28-day pack—begin a new pack immediately; if

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Lic. #1-045437
Rx: 1178

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AL #24127

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ycle.
re taking

Name

Auburn Montgomery Date *6-23-15*

Address

R

*Tri-Spinner
Ring: 1 pk
21 days - no spacer*

disappear after

le so that side

Label all prescriptions

Refill: 1 2 3 5 ☒ PRN ☐ NR

Product Selection Permitted

Dispense As Written

M.D. or ☒ C.R.N.P.

M.D. or C.R.N.P.

Get Back On Schedule by Using These Guidelines

- ♦ If less than 24 hours late in taking pill
Take the missed pill immediately and return to the daily pill-taking routine making sure the next pill is on time.
- ♦ If 24 hours late in taking pill
Take both the missed pill and today's pill at the same time.
- ♦ If more than 24 hours late in taking one pill, and is late or completely missed a second or third
Take the last pill that was missed immediately; take the next pill on time; throw out the other missed pill(s), and take the rest of the pills on schedule.
Spotting is very likely to occur.

IN ALL CASES BACK-UP CONTRACEPTION MUST BE USED FOR AT LEAST 7 DAYS

Uphold, C.R. & Graham, M.V. (1998). Clinical Guidelines in Family Practice (3rd ed.). Gainesville, Florida: Barmarrae Books.

Adopted by AUM/NCC 5/00

DATE: 6/23/15 TIME: 1045 PT. HISTORY REVIEWED / UPDATED _____

PATIENT NAME: Arashna Choudhary

PRESENT COMPLAINT: Pt interested in BC. ? about the type. Has not

PRESENT COMPLAINT: taken medications before so not sure how she will be taking a pill every day. No hx of PAP

MEDICATIONS:					
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MEDICATIONS:							Allergies	
Temp	Pulse	Resp	B/P	HT	WT			
	86		127/70	6' 3"	125.4	NKMA	6/15/15	

INITIAL VISIT

31.9

RETURN VISIT.

Skin	
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Slaves

Ean

Eyes

Nazc

Throat

Net/Back

Heart " S S S

Lump

200. 200 + 7 = 207

Abdomen

GU/GI .

Extremities	
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DIAGNOSIS:	TESTS
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requesting L. A. G. P. A. M. S. D. I. V. H. C. G.	neg
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PLAN:

Tru Spun LK 11/457

PRACTITIONER: Esther West, RN SIGNATURE: [Signature]

AUDIT DATE: _____ COMMENTS: _____

PHYSICIAN SIGNATURE: _____