

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/20/23

PATIENT: BLAKE, ANDREA **DOB:** 07/17/1981 **Gender:** FEMALE **MRN:** 1845 **AGE:** 41 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Nasal congestion

HISTORY OF PRESENT ILLNESS: Ms. Blake presents to the clinic with complaints of nasal congestion with dry cough x 5 days. She has tried Mucinex OTC with some relief.

VITALS: BP: 137/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 97; **Temp:** 97.3; **Resp:** 16; **Ht:** 63 in.; **Wt:** 136.8 lbs.;
BMI: 24.23; **Pulse Oximetry:** 98%; **FDLMP:** 01/16/23

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)

R09.81 - Nasal congestion

R05.9 - Cough, unspecified

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PLAN:

Follow up as needed. Patient declines steroid RX

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

benzonatate 200 mg capsule

Refills: 0 Qty: 21 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Electronically signed by Robin Blackwell, CRNP on 01/20/23 3:17 PM

Robin Blackwell CNP