

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/22/20

PATIENT: LOVERICH, ALLIE **DOB:** 10/30/2005 **Gender:** FEMALE **MRN:** 18 **AGE:** 14 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Overall not feeling well

Symptoms: Fatigue, vomiting. Has started her period and been to a volleyball tournament over the weekend. Feels weak. No fever or diarrhea. No HA. Minimal nasal congestion. Minimal appetite.

Duration: Started yesterday with a gradual progression of symptoms.

VITALS: BP: 117/69 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 78; **Temp:** 98; **FDLMP:** 01/22/20

GROWTH PERCENTILES:

Weight/Age: N/A

Height/Age: N/A

Weight/Height: N/A

BMI/Age: N/A

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies health issues.

PAST SURGICAL HISTORY: ear tubes

SOCIAL HISTORY: Does wear a seat belt; Does smoke ___ packs a day. For ___ years. Does not use recreational drugs; Does not live alone; Exercises regularly; Does not use alcohol;

FAMILY HISTORY:

Father: HTN

Paternal Grandfather: hyperlipidemia

No other information provided

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Malaise, Fatigue, Patient denies: Fever, Chills,

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/22/20

PATIENT: LOVERICH, ALLIE **DOB:** 10/30/2005 **Gender:** FEMALE **MRN:** 18 **AGE:** 14 Years

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness. Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ASSESSMENT:

R53.83 - Other fatigue (PRIMARY)

PLAN:

F/U with regular provider regarding fatigue.

Keep a log of sleep patterns to share with provider.

RTC prpn,

Electronically signed by Carol Stewart, NP on 01/22/20 1:41 PM