

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/26/20

PATIENT: LOVERICH, ALLIE **DOB:** 10/30/2005 **Gender:** FEMALE **MRN:** 18 **AGE:** 14 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Started on Saturday: Cough, sore throat, HAs, sinus drainage and congestion. States that sore throat is worse in the morning. Green drainage for about 2 weeks. Very fatigued.

ModFact: Tried Advil, Nyquil but did not resolve symptoms.

VITALS: BP: 115/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 98

GROWTH PERCENTILES:

Weight/Age: N/A

Height/Age: N/A

Weight/Height: N/A

BMI/Age: N/A

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies health issues.

PAST SURGICAL HISTORY: ear tubes

SOCIAL HISTORY: Does wear a seat belt; Does smoke ___ packs a day. For ___ years. Does not use recreational drugs; Does not live alone; Exercises regularly; Does not use alcohol;

FAMILY HISTORY:

Father: HTN

Paternal Grandfather: hyperlipidemia

No other information provided

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Malaise, Patient is positive for: Fatigue,

ENMT: Patient is positive for: cough, runny nose, congestion, sinus pain, sore throat,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Clear rhinorrhea; Turbinate Hypertrophy on Left; Turbinate Hypertrophy on Right; Bilateral Maxillary Sinus Tenderness;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

benzonatate 100 mg capsule

Refills: 0 Qty: 30 CAPSULE(S)

Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

guaifenesin ER 600 mg tablet, extended release 12 hr

Refills: 0 Qty: 10 TABLET(S)

Instructions: TAKE 1 TABLET (600 MG) BY ORAL ROUTE EVERY 12 HOURS AS NEEDED

cetirizine 10 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY. TAKE IN THE EVENING

AUM Instruction Sheet Handout

Follow up PRN or if condition worsens or does not resolve

Electronically signed by Melodye Harvey, CRNP on 02/26/20 3:49 PM