

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/07/17

PATIENT: STONE, JESSICA **DOB:** 03/23/1993 **Gender:** FEMALE **MRN:** 191 **AGE:** 24 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: In for a physical for optometry school.

ModFact: Hx of PCOS

Other: Is hypertensive and on .

VITALS: BP: 131/94 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89 **Large Cuff ;** **Temp:** 98.5; **Resp:** 12; **Ht:** 67.5 in.;
Wt: 258 lbs.; **BMI:** 39.81; **FDLMP:** 07/06/17

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Prometrium 200 mg capsule

metoprolol succinate ER 200 mg tablet,extended release 24 hr

PAST MEDICAL HISTORY: HX of HTN and PCOS.

FAMILY HISTORY: Father with history of:LAD blockage at age 32 with stent. Mother with history of:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

BREAST: All negative for discharge or mass.

PELVIC: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

****Planning on having gastric sleeve applied in December.

PHYSICAL EXAMINATION:

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GENERAL: Patient appears consistent with age, obese, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy. Thyroid palpable, no nodules.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate;

ORDERS:

HEPATITIS B SURFACE ANTIGEN (1 unit(s)): In-House Lab
UA (1 unit(s)): In-House Lab
BLOOD DRAW (1 unit(s)): In-House Lab

RESULTS:

UA:

Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
pH: 5
Protein: Positive
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
Comments: Pt currently on her period

ASSESSMENT:

Z02.0 - ECTR FOR EXAM FOR ADM TO EDUCATIONAL INSTITUTION (PRIMARY)
E66.9 - Obesity, unspecified
Z87.42 - Personal history of other diseases of the female genital tract

Electronically signed by Carol Stewart, NP on 07/07/17 11:31 AM

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