

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 04/26/18

PATIENT: PARK, SOUYONG **DOB:** 04/23/1966 **Gender:** **MRN:** 193 **AGE:** 52 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Crying a lot, thoughts of suicide

Symptoms: Suicidal thoughts x 2 weeks. Denies plan. Denies current suicidal thoughts. Most of her depression is due to her son and his medical condition. She says that she feels empty.

Context: Patient reports that her son is going to school in Boston and her husband is here on a work visa. Patient and her son came to US in 2013 from South Korea. Her son was diagnose with epilepsy at 15 YO. Patient had MRI and dx'd with epilepsy and prescribed Depakote. Son had history of febrile seizures as an infant.

Patient reports that she came to US due to her son's medical condition and she wanted him to have better opportunities here. In South Korea, ppl with epilepsy may experience discrimination.

Doctor in US did an EEG in 2013 and said that patient's son did not have epilepsy. While visiting friend in Boston, patient's son had seizure--diagnosed with epilepsy--2016. Her son takes Depakote currently and gets enough sleep (takes better care of himself). She says that her son drank alcohol (10 shots of Tequila) and had another seizure recently. She reports that she worries about him a lot.

ModFact: Patient reports that at times her energy is high and sometimes low and she wants to sleep all day. She reports that in her culture, the husband is very busy and has responsibility to take care of the family and the wife's focus is to take care of the children. She says that she cannot talk to her husband about her feelings because he does not understand.

She reports inviting ESL classmates to her home at times.

She reports that she has a puppy for companionship.

She also says that lately over the past couple of weeks, she has drank wine to help her relax and sleep.

She says that her whole life has focused on her son and now he is growing up and she feels like he dose not have time for her.

Patient reports that now that her son has gotten older, he communicates with her less and when he text or calls, he is very short (one or two-word text responses) or very short phone calls just to say "I'm busy Mom".

Other: Was in counseling about 20 years ago. She reports that her husband worked in Poland x 1 year and when he returned home, she found a picture of a woman in his wallet. She reports that she was pregnant at the time and thought that her husband had been unfaithful to her. She reports that she experienced post partum depression after having her son. She says that although her husband is a nice person and a good provider, she has trust issues with him.

VITALS: BP: 115/78 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 78; **Temp:** 98.3; **Resp:** 14; **Ht:** 62 in.; **Wt:** 105 lbs.; **BMI:** 19.2

MEDICATIONS:

isoniazid 300 mg tablet (1 QD)

isoniazid 300 mg tablet (1 po qd)

isoniazid 300 mg tablet (1 po qd. No refills. Called into CVS at Atlanta and Taylor Rd. 271-5861)

isoniazid 300 mg tablet (1 po q day)

isoniazid 300 mg tablet (1 tablet qd.)

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Inconsistent with Age;

NEUROLOGIC: No Focal Deficit; Cranial Nerves Intact;

PSYCHIATRIC: Mood and Affect Appropriate; Memory Intact; Alert and Oriented x3; tearful. PHQ9--15--moderately severe depression; HAM-A--15--mild anxiety, Mood Questionnaire--negative screen

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REVIEW: 25 minutes or more of this 60 minute visit were spent obtaining subjective information, reviewing mental health assessments and treatment plan.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

F33.2 - MAJOR DEPRESSV DIS RECUR SEVERE W/O PSYCH FEAT (PRIMARY)
F41.9 - ANXIETY DISORDER, UNSPECIFIED

PLAN:

Prozac 20 mg capsule
Refills: 0 Qty: 30 CAPSULE(S)
Instructions: 1 CAPSULE PO DAILY

Schedule counseling center appointment--number provided to patient.

Suicide Prevention Lifeline number provided to patient.

RTC 1 week for recheck

Electronically signed by Melodye Harvey, CRNP on 04/26/18 12:28 PM