

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/21/22

PATIENT: MENSE, HEIDI **DOB:** 06/12/1982 **Gender:** FEMALE **MRN:** 1989 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Burning with Urination

HISTORY OF PRESENT ILLNESS: Pt c/o burning with urination, cloudy urine, and urine frequency/urgency. S/S started Thursday. Married with one sexual partner. Hx of UTIs. No fever, N/V./D.

VITALS: BP: 140/80 **Pulse:** 85; **Temp:** 99.5; **Resp:** 16; **Ht:** 73 in.; **Wt:** 178.2 lbs.; **BMI:** 23.51; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Seasonal allergies

SOCIAL HISTORY: Denies tobacco, recreational drug, ETOH abuse.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab

CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

UA:

Appearance: cloudy

Color: yellow

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Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Positive
pH: 6
Protein: Positive
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
CS: Yes

ASSESSMENT:

R35.0 - FREQUENCY OF MICTURITION (PRIMARY)
R30.9 - PAINFUL MICTURITION, UNSPECIFIED
N39.0 - Urinary tract infection, site not specified

PLAN:

Pt here with urinary s/s. Will treat for UTI. Pt agrees. Urine culture pending. Will call with results or changes in medication needed. Pt agrees. Call if not better in one week.

Macrobid 100 mg capsule
Refills: 0 Qty: 10 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

Electronically signed by Maranda Fain, CRNP on 02/21/22 10:34 AM

M. Fain, CRNP