

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/26/24

PATIENT: MENSE, HEIDI **DOB:** 06/12/1982 **Gender:** FEMALE **MRN:** 1989 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: chest congestion and cough

HISTORY OF PRESENT ILLNESS: Mrs. Mense is a 41 yo female here today for possible pneumonia. She states she has a history of pneumonia in the past with similar symptoms. She reports she started having nasal congestion and runny nose about two weeks ago, then it moved down to her chest. She states last night she felt feverish, heaviness in her chest, chest congestion, and cough. She reports she has been taking dayquil and allegra D with some relief.

VITALS: BP: 121/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 97.1; **Resp:** 16; **Ht:** 73 in.; **Wt:** 175 lbs.;
BMI: 23.08; **Pulse Oximetry:** 97%; **FDLMP:** 02/18/24

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Seasonal allergies, pneumonia

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Married. 3 children. Husband works on campus. Denies tobacco, recreational drug, ETOH abuse.

FAMILY HISTORY:

HEALTH MX HISTORY:

Pap smear- June 2022- reportedly normal.

Mammogram- Scheduled for June 2023.

GYN- Dr. Phillips

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

Rocephin 1G:
Site Given: Left Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J20.9 - ACUTE BRONCHITIS, UNSPECIFIED (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
R50.9 - FEVER, UNSPECIFIED

PLAN:

Rx as per below. Given referral for CXR. Follow up with CBC and CXR results.

Bactrim DS 800 mg-160 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 02/26/24 4:46 PM

L. Barton, CRNP