

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/03/23

PATIENT: MENSE, HEIDI **DOB:** 06/12/1982 **Gender:** FEMALE **MRN:** 1989 **AGE:** 40 Years

VISIT TYPE: GYN Visit

CHIEF COMPLAINT: Possible UTI.

HISTORY OF PRESENT ILLNESS: c/o burning with urination, increased frequency, and lower abdominal pain for the past 2 days. Has been taking AZO for symptom relief.

VITALS: BP: 116/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 64; **Temp:** 97.3; **Resp:** 16; **Ht:** 73 in.; **Wt:** 179 lbs.;
BMI: 23.61; **Pulse Oximetry:** 100%; **FDLMP:** 02/15/23

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Seasonal allergies

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Married. 3 children. Husband works on campus. Denies tobacco, recreational drug, ETOH abuse.

FAMILY HISTORY:

HEALTH MX HISTORY:

Pap smear- June 2022- reportedly normal.

Mammogram- Scheduled for June 2023.

GYN- Dr. Phillips

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: clear
Color: orange
Glucose: Negative
Bill: Positive
Ketones: Negative
Sp: 1.010
Blood: Positive
pH: 7
Protein: Negative
Urobilinogen: Positive
Nitrites: Positive
Leukocytes: Positive
CS: Yes
Comments: Leuks- 75, Nit- +, Pro- 500, UBG- >12, Bil-3, Bld- 50 (On AZO)

ASSESSMENT:

N39.0 - Urinary tract infection, site not specified (PRIMARY)
R35.0 - FREQUENCY OF MICTURITION

PLAN:

Increase water intake. Rx as prescribed. Follow up with urine culture.

Macrobid 100 mg capsule

Refills: 0 Qty: 14 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

Electronically signed by Lindsey Barton, CRNP on 03/03/23 11:48 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.